

OARTY 2021 Virtual Conference

November 18, 19, 25, and 26



Ontario Association of
Residences Treating Youth

Centre of Excellence for Residential Care in Ontario

#OARTYConf

Resort, 1755 Valley Road | Huntsville, Ontario

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OARTY 2021 Virtual Conference

OARTY Conferences support caregivers and professionals in leading the way with best practices, so they in turn can work together to support children, youth and adults involved with the care system. The sessions at the 2021 OARTY Conference, deal with improving residential services and daily practice; understanding new and changing legislation and regulation; and ensuring best business practices.

Over the course of the conference, you will be introduced to new concepts, data, and research which will contribute to a reenergized sense of commitment to help you better play your part in helping those in care reach their potential. As we continue on a path of continuous improvement we must remain adaptable, motivated and responsive in order to improve outcomes for the children, youth, and adults in our care. Let's work together to create a system with the individual at the centre of all decisions, through practices that are adaptable, evidence informed, and responsive.

Program Schedule

Day 1 – Thursday, November 18th – 12:50 PM to 5:10 PM

12:50 – 1:00 **Opening Remarks**

1:00 – 2:00 **Update from the Ministry of Children, Community and Social Services**
Saba Ferdinands, Director, Children and Youth at Risk Branch
Kevin Lockwood Director, Residential Services Branch

Representatives from the Ministry of Children, Community and Social Services will attend to provide updates and present on the Quality Standards Framework and operational matters. This session will include time to allow service providers the opportunity to ask questions and provide feedback to MCCSS.

2:15 – 3:45 **Residential School History, Trauma, Healing, and Allyship**
Kaila Johnston, Supervisor of Education, Outreach, and Public Programming, NCTR

In this presentation by the National Centre for Truth and Reconciliation (NCTR), participants will learn about residential school history and of the residential school experience from first arriving at the school to their departure. The presentation will connect colonial systems to the impacts they have had on Indigenous communities, such as intergenerational trauma, and will examine topics of healing and resilience. Finally, participants will learn about the TRC's Calls to Action and of concrete ways to engage in reconciliation work and allyship.

4:00 – 5:10 **Makatew Medicine Bag Workshop (Limited to 60 participants)**
Marc Forgette, Founder, Makatew Workshops
***Not available as an "individual session registration"**

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Learn how to create a traditional Medicine Bag in this fascinating workshop, where Marc will share stories about the origins of the materials and the cultural significance of the bag. Discover how non-Indigenous allies can support Indigenous artisans, entrepreneurs and knowledge-keepers by taking some thoughtful yet simple steps to appreciate, rather than appropriate, Indigenous culture.

Day 2 – Friday, November 19th – 9:00 AM to 1:15 PM

9:00 – 10:00 **Risk Assessment in Child Welfare**
Dr. Tara Black, Assistant Professor, Factor-Inwentash Faculty of Social Work, University of Toronto

This presentation will focus on the screening tool and risk assessments used by Ontario's Children's Aid Societies. The Eligibility Spectrum will be discussed as well as the current safety and risk assessment tools. There will be a focus on evidence-based practice in child welfare.

10:15 – 1:15 **Understanding the Neurobiology Sexual Abuse**
Lori Gill Registered Psychotherapist, M.A. Counselling Psychology
Executive Director, Attachment and Trauma Treatment Centre for Healing (ATTCH) Niagara
***Not available as an "individual session registration"**

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This workshop will provide insights into the far-reaching impact of sexual abuse. An understanding of how this impacts emotional, behavioral, psychological and relational responses will be explored. Techniques to discover associations and create new neural pathways will be included. Strategies to help form new meaning of intimacy, boundaries, and reconnection with our body as a resource will also be included. This training will also introduce participants to the impacts of trauma on memory, speech, recall, and interview considerations through a trauma lens and strategies to promote emotional regulation.

Day 3 – Thursday, November 25th – 12:50 PM to 5:00 PM

12:50 – 1:00 **Opening Remarks**

1:00 – 2:00 **Legal Updates**
Lisa Corrente, Torkin Manes LLP

Lisa Corrente from Torkin Manes LLP will address recent legislative that pertain to the sector. In particular, her session will focus on proposed legislative amendments to the CYFSA and provide an update on mandatory vaccination policies. Time will be allotted at the end of the session for questions and answers.

2:15 – 3:15 **Stress and Self-Regulation First: Applying Self-Regulation Principles in Residential Care Settings**
Susan Hopkins, Executive Director, The MEHRIT Centre

The most illuminating findings from recent neuroscience have shown that stress has a more profound impact on young people's behaviour and moods than previously thought. And it's not just toxic stress or ACEs that matter. The day in and day out stress that we experience in various domains of experience can also contribute to many of the challenging behaviours seen in residential care settings. In this session, Susan Hopkins, Executive Director of The MEHRIT Centre, will introduce you to Self-Reg, Dr. Stuart Shanker's framework and method for understanding and addressing excess stress in both young people and the adults who work with them. Self-Reg is not a therapy intervention, but rather a way of

understanding, detecting and responding to excess stress that can be used in conjunction with various therapeutic approaches. Talking points will include:

- what self-regulation really is (It's not the same as self-control!)
- an introduction to the brain/body science of stress
- hidden stressors that are affecting today's young people
- the crucial difference between misbehaviour and stress behaviour
- the five practices of Shanker Self-Reg®
- the difference Self-Reg could make in residential care settings

3:30 – 5:00 **Making a Difference for LGBTQ2S+ Children and Young People in Foster Care**
Marli Senecal CYW and Cynthia Sophia Gonzales CYC, Key Assets Ontario

As agents of change this presentation will guide you through a holistic approach in how you support, care and mentor a young person who identifies LGBTQ2S+ within the child welfare system. The presenters will examine and educate participants on environmental factors, cultural competencies, levels of safety and relational frameworks associated within this community.

The workshop will start with a presentation providing an overview of the key issues and experiences of LGBTQ2S+ youth. Using case studies, the participants will be exploring the specific needs of children and young people, carers and staff/services and develop and discuss strategies they can implement in their own services and organizations.

Resources, links, and media content will be provided.

Presentation Disclaimer;

Please note that this training is for individuals wanting to begin and explore their learning of the LGBTQ2+ community. This training goes over basic terminology and allyship. We are not experts in the field, but would like to help educate based on what we know. We invite an open and judgement free zone. Everyone should feel welcome to ask questions when they are seeking clarification and share from life experiences when appropriate.

Day 4 – Friday, November 26th – 9:00 AM to 12:30 PM

9:00 – 10:00 **Trauma-Informed Care: Building a Culture of Strength**
CTRI Trainer: Laval Martin, MSW, RSW

Trauma is prevalent in our world and has an impact on many of the people we interact with, including our clients and colleagues. Compassionate and trauma-informed care is essential to providing effective support and building sustainable services. This webinar explores how to build a trauma-informed culture in a workplace setting that integrates knowledge throughout the organization. Guiding principles will be explored for increasing emotional and physical safety, culturally sensitive empowerment, and creating greater resilience for all parts of an organization.

10:15 – 11:15 **Office of the Ontario Ombudsman, Children and Youth Unit – An overview of our work, and how you can help.**
James McGuirk, Investigator, Children and Youth, Office of the Ombudsman of Ontario

The Ombudsman accepts, resolves and investigates complaints about services to children and youth by Ontario children's aid societies, foster homes, group homes, secure treatment facilities and youth justice facilities. As a legislated safeguard for young people in care, we meet with them to talk about their rights to ensure they are treated fairly when receiving services, monitor Death and Serious Bodily Harm

(DSBH) reports and offer presentations to service providers who have obligations under the *Child, Youth and Family Services Act, 2017*.

Our presentation provides information for service providers and stakeholders about how we work, examples of complaints we have resolved, trends we have seen and continue to monitor – as well as how service providers can help in our work.

11:30 – 12:30 OARTY Talks - Member Update – FULL MEMBERS ONLY

OARTY Talks is a moderated open dialogue between OARTY members on timely and relevant issues. Members are encouraged to share best practices and to explore alternate approaches to issues and opportunities with their colleagues.

Conference Sponsors

Thank you to the following sponsors for supporting the OARTY 2021 Virtual Conference!

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Mission Statement

The Ontario Association of Residences Treating Youth, through its member agencies, promotes the provision of high quality residential (group and foster) care and treatment for vulnerable children, youth, young adults, and their families.

Interested in Membership?

If you are looking for a long-term association dedicated to excellence, that endorses outcomes measurement, risk management, and evidence-based practice...OARTY is the place for you! Our high membership standards ensure that our member agencies are leaders in the sector. We are the premier source for research in the sector and are the leading voice for residential service providers. Come on board and make OARTY your association!

For more information on joining, visit the Become a Member page of the OARTY website at www.oarty.net/membership/become-a-member.htm, or apply to become part of the OARTY family at www.oarty.net/membership/apply.html.

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OARTY 2021 Virtual Conference Registration Form

<p>Please mail, or scan and email, this completed form with payment to the address listed on the right. You can also register online at https://secure.oarty.net/events-and-sponsorship/2021-conference-registration.html/event-conference/index/id/9141</p>	<p>Ontario Association of Residences Treating Youth Suite 626 3-1136 Centre Street Thornhill, ON L4J 3M8</p> <p>Phone: 905-475-KIDS (5437) Email: info@oarty.net Web: www.oarty.net</p>
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Early Bird Rate: Register by October 26th and save!

Full Members of OARTY (not applicable to Associate Members) receive **1 complimentary full Conference registration**. To use this registration, please provide the name of the delegate attending:

For all other registrations the following fee schedule applies:

Registration Fees:

	Full Conference		Thursday Day Rate*		Friday Day Rate*		Individual Session Rate**		Total
	Early Bird	Regular	Early Bird	Regular	Early Bird	Regular	Early Bird	Regular	
Member	220 x ____	264 x ____	56 x ____	67 x ____	56 x ____	67 x ____	28 x ____	33.50 x ____	\$ _____
Non-Member	275 x ____	330 x ____	70 x ____	84 x ____	70 x ____	84 x ____	35 x ____	42 x ____	

*If registering for the day rate, please specify the day below:

- ___ Thursday, November 18th
- ___ Friday, November 19th
- ___ Thursday, November 25th
- ___ Friday, November 26th

**If registering for the individual session rate, please specify the session: _____

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Payment:

We accept payment via Cheque, credit card, or Electronic Fund Transfer (EFT) - to pay by EFT, please select "EFT" and contact us at info@oarty.net to request our banking information.

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Signature: _____

Contact & Registrant Information

Agency/Company Name: _____

Street Address: _____

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Registrant # 1:

Name: _____

Email: _____

Registration Type: Full Conference / Thursday Day Rate / Friday Day Rate

Registrant # 2:

Name: _____

Email: _____

Registration Type: Full Conference / Thursday Day Rate / Friday Day Rate

For additional delegates, please attach a separate sheet with their information.

Conference Registration - Refund Policy

Refunds for Conference registrations will be provided based on the following schedule:

- 50% refund for cancellations up to and including October 26th (the Early Bird deadline).
- No refunds will be provided for cancelled registrations from October 27th onwards.



Ontario Association of Residences Treating Youth
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